



PHYSICAL EDUCATION - INTENT

- At The Friars Primary School, we are committed to providing high quality PE provision for our children through a combination of specialist sport coaches and CPD opportunities for our teaching staff.
- We aim to ensure that all of our pupils have increased levels of activity throughout their school day. We encourage pupils to be active and engaged in our PE lessons to enable them to get their most out of their sessions and inspire them to lead an active and healthy lifestyle. As well as their PE lessons each class will have designated times for the Daily Mile, lunchtime clubs will available to children on the playground and outdoor sessions such as Forest Schools will help our children to increase their levels of activity.
- Our PE curriculum will develop our pupils' physical literacy allowing them to understand the importance of a healthy lifestyle and self-expression. The PE curriculum will also promote our school sport values: self-belief, teamwork, determination, honest, respect and passion. This will develop our children holistically through both cognitive and social skills.