Dear Parents,

At The Friars Primary School we strive to provide a safe learning environment for all students. Due to some of our pupils suffering with life threatening nut allergies, we are now a NUT AWARE SCHOOL.

An allergic reaction (anaphylactic shock) can occur through ingestion of nut products, cross contamination and breathing nut dust in the air.

Since this condition can be life threatening, we are asking all members of the school community for their help in minimising the risk to these children by:

- A. Avoiding giving children nuts or nut products in their packed lunches (school meals are 100% nut free)
- B. Avoiding giving nuts or nut products or snacks/bars containing nuts for break time snacks
- C. Avoiding supplying the school with birthday cakes or food items containing nuts for birthday celebrations, sales or events

We do acknowledge that many foods are labelled as 'may have been produced in a factory handling nuts and cannot be guaranteed to be nut free'. Such items will be allowed in school as it would be unreasonable to expect these to be kept out of school.

Please note where a member of staff notices a pupil eating a nut product, the product will be removed politely, and the member of staff will explain why this has to be done. A message will then be sent to the parent to explain what has happened so they are fully informed and to remind them of our nut free status.

Due to the severity of the problem, it is important that all parents carry out the suggested measures and reduce the risk of allergic reaction to these children.