



RHE INTENT

At The Friars Primary School, Relationship and Health Education (RHE) enables our children to learn how to become healthy, independent and responsible members of a society. We ensure all children gain an essential understanding of how to be healthy: emotionally, physically and mentally. Teaching about mental wellbeing is vital to ensure that pupils are well prepared for the challenges which lay ahead in their lives. We also provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of the diverse society in which we live.

At The Friars Primary School, we follow the Coram scheme of work, which is a spiral curriculum that brings together citizenship, personal and social well-being whilst also promoting a British Values based education. The Friars' RHE curriculum underpins our commitment to the safeguarding of all pupils and equips them with the awareness of how school adults can support them to stay safe and address any pastoral concerns they may have. We challenge all our pupils to seek opportunities to demonstrate the school values: happiness, respect, achievement and determination.