

RSE Curriculum Map

People Who Care For Me						
	<p>1. That families are important for children growing up because they can give love, security and stability.</p>	<p>2. The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.</p>	<p>3. That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.</p>	<p>4. That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.</p>	<p>5. That marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong.</p>	<p>6. How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed.</p>
<p>Name of lesson and year group taught in.</p> <p>Year 1 Year 2 Year 3 Year 4 Year 5 Year 6</p>	<p>Y1 Who are our special people? Y2 My special people Y3 Family and friends Y4 Friend or acquaintance? Y4 My feelings are all over the place! Y6 Advertising friendships! Y6 Joe's story (part 2) Y6 What's the risk? (2)</p>	<p>Y1 Taking care of a baby Y1 Who are our special people? Y2 My special people Y3 Family and friends Y3 Looking after our special people Y4 My feelings are all over the place! Y4 Friend or acquaintance? Y5 Help! I'm a teenager - get me out of here! Y6 Dan's day Y6 Helpful or unhelpful? Managing change</p>	<p>Y1 Same or different? Y1 Who are our special people? Y1 Our special people balloons Y2 My special people Y3 Family and friends Y3 Let's celebrate our differences Y4 What would I do? Y4 My feelings are all over the place! Y4 The people we share our world with Y4 Together Y5 The land of the Red People Y6 Making babies Y6 Don't force me</p>	<p>Y1 Same or different? Y1 Our special people balloons Y1 Who are our special people? Y2 My special people Y3 Family and friends Y4 Together Y5 Help! I'm a teenager - get me out of here! Y6 Don't force me Y6 Making babies Y6 Advertising friendships!</p>	<p>Y4 Together Y6 Don't force me</p>	<p>Y1 Who can help? (1) Y1 Surprises and secrets Y1 Good or bad touches? Y5 Growing up and changing bodies Y6 Don't force me Y6 Helpful or unhelpful? Managing change</p>

Relationships Education

Caring Friendships					
	1. How important friendships are in making us feel happy and secure, and how people choose and make friends.	2. The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties	3. That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.	4. That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right.	5. How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.
Name of lesson and year group taught in.	Y1 Good friends Y2 Being a good friend Y3 Looking after our special people Y3 Friends are special Y3 Relationship Tree Y4 Together Y4 Can you sort it? Y4 Friend or acquaintance? Y5 Qualities of friendship Y5 It could happen to anyone Y5 How good a friend are you? Y6 Dan's day Y6 Advertising friendships! Y6 Joe's story (part 2)	Y1 Harold has a bad day Y1 Good friends Y1 How are you listening? Y1 It's not fair! Y1 Pass on the praise! Y1 Unkind, tease or bully? Y1 Who can help? (2) Y2 Being a good friend Y3 Looking after our special people Y3 Relationship Tree Y3 Friends are special Y4 An email from Harold! Y4 Making choices Y4 Friend or acquaintance? Y4 Ok or not ok? (part 2) Y4 Ok or not ok? (part 1) Y4 Can you sort it? Y5 It could happen to anyone Y5 Qualities of friendship Y5 How good a friend are you? Y5 Give and take Y5 Being assertive Y5 Relationship cake recipe Y6 Dan's day Y6 Solve the friendship problem Y6 Advertising friendships! Y6 OK to be different Y6 What's the risk? (1) Y6 Joe's story (part 1)	Y1 Who can help? (2) Y1 Unkind, tease or bully? Y1 It's not fair! Y1 Good friends Y2 A helping hand Y2 Being a good friend Y2 An act of kindness Y3 How can we solve this problem? Y4 An email from Harold! Y4 Can you sort it? Y4 Keeping ourselves safe Y4 Ok or not ok? (part 1) Y5 Qualities of friendship Y5 It could happen to anyone Y5 The land of the Red People Y5 Relationship cake recipe Y5 Being assertive Y5 Give and take Y5 How good a friend are you? Y6 Solve the friendship problem Y6 Dan's day Y6 Joe's story (part 1) Y6 What's the risk? (1) Y6 Advertising friendships! Y6 Joe's story (part 2)	Y1 How are you listening? Y1 It's not fair! Y1 Surprises and secrets Y1 Unkind, tease or bully? Y1 Who can help? (2) Y1 Who can help? (1) Y1 Harold has a bad day Y2 Solve the problem Y3 How can we solve this problem? Y3 Friends are special Y4 Ok or not ok? (part 1) Y4 Ok or not ok? (part 2) Y4 What would I do? Y4 Can you sort it? Y5 Qualities of friendship Y5 It could happen to anyone Y5 Relationship cake recipe Y5 Being assertive Y5 Ella's diary dilemma Y6 Solve the friendship problem Y6 Advertising friendships! Y6 What's the risk? (1) Y6 Joe's story (part 1) Y6 Assertiveness skills (formerly Behave yourself - 2)	Y1 How are you listening? Y1 Pass on the praise! Y2 Solve the problem Y2 Getting on with others Y3 Relationship Tree Y4 How dare you! Y4 My feelings are all over the place! Y4 Can you sort it? Y4 What would I do? Y4 Keeping ourselves safe Y4 Ok or not ok? (part 2) Y4 Ok or not ok? (part 1) Y4 Islands Y5 Qualities of friendship Y5 It could happen to anyone Y5 Relationship cake recipe Y5 Being assertive Y5 Ella's diary dilemma Y6 Solve the friendship problem Y6 Advertising friendships! Y6 What's the risk? (1) Y6 Joe's story (part 1) Y6 Assertiveness skills (formerly Behave yourself - 2)

Respectful Relationships

	1. The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.	2. Practical steps they can take in a range of different contexts to improve or support respectful relationships.	3. The conventions of courtesy and manners.	4. The importance of self-respect and how this links to their own happiness.	5. That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.	6. About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.	7. What a stereotype is, and how stereotypes can be unfair, negative or destructive.	8. The importance of permission-seeking and giving in relationships with friends, peers and adults.
Name of lesson and year group taught in.	Y1 How are you listening? Y1 Same or different? Y1 Pass on the praise! Y2 What makes us who we are? Y3 Respect and challenge Y3 Zeb Y3 How can we solve this problem? Y3 Let's celebrate our differences Y3 Our friends and neighbours Y3 For or against? Y3 Thunks Y4 The people we share our world with Y4 Making choices Y4 Under	Y1 Harold has a bad day Y1 Why we have classroom rules Y1 It's not fair! Y1 Same or different? Y2 How do we make others feel? Y2 Our ideal classroom (1) Y2 What makes us who we are? Y2 An act of kindness Y3 Thunks Y3 For or against? Y3 Our friends and neighbours Y3 Let's celebrate our differences Y4 The people we share our	Y1 Harold has a bad day Y1 Harold's school rules Y1 It's not fair! Y1 Why we have classroom rules Y1 Pass on the praise! Y2 Our ideal classroom (2) Y2 An act of kindness Y2 Getting on with others Y3 Respect and challenge Y3 For or against? Y3 Thunks Y4 What would I do? Y4 In the news!	Y4 How dare you! Y4 Keeping ourselves safe Y4 What makes me ME! Y4 Ok or not ok? Y5 Qualities of a good friendship Y5 Relationship cake Y5 Help! I'm a teenager - get me out of here! Y5 The land of the Red People Y6 Media manipulation Y6 Joe's story (part 1) Y6 Behave	Y1 Harold has a bad day Y1 Harold's school rules Y1 Pass on the praise! Y1 Taking care of something Y1 Who can help? (2) Y1 Unkind, tease or bully? Y2 Bullying or teasing? Y2 Types of bullying Y2 Getting on with others Y3 Zeb Y3 Let's celebrate our differences Y2 Don't do that! Y2 Getting on with others Y2 Types of bullying Y3 Zeb Y4 Safety in numbers Y4 The people we share our world with Y4 Ok or not ok? (part 1)	Y1 Unkind, tease or bully? Y1 Who can help? (2) Y2 Don't do that! Y2 Bullying or teasing? Y2 Types of bullying Y2 Getting on with others Y3 Zeb Y3 Let's celebrate our differences Y4 Safety in numbers Y4 How dare you! Y4 Under pressure Y4 What would I do? Y4 Keeping ourselves safe Y6 Ok to be difference	Y3 Zeb Y3 Family and friends Y4 That is such a stereotype! Y5 Happy being me Y5 Stop, start, stereotypes Y5 Is it true? Y6 Two sides to every story Y6 Media manipulation Y6 Boys will be boys?	Y1 Sharing pictures Y1 Surprises and secrets Y1 Good or bad touches? Y2 I don't like that! Y3 None of your business! Y4 Islands Y4 Secret or surprise? Y5 Growing up and changing bodies Y5 Ella's diary dilemma Y6 It's a puzzle Y6 Think before you click Y6 Don't force me Y6 Assertiveness skills Y6 Fakebook friends

<p>pressure Y4 Ok or not ok? (part 1) Y4 Ok or not ok? (part 2) Y4 Friend or acquaintance? Y4 What would I do? Y4 Can you sort it? Y4 What makes me ME! Y5 Qualities of friendship Y5 Stop, start, stereotypes Y5 The land of the Red People Y5 Help! I'm a teenager - get me out of here! Y5 Is it true? Y5 Kind conversations Y5 Spot bullying Y5 Happy being me Y5 Being assertive Y6 Is this normal? Y6 Don't force me Y6 We have more in common than not Y6 Tolerance and respect for others Y6 Joe's story (part 1) Y6 I look great! Y6 Media manipulation</p>	<p>world with Y4 My feelings are all over the place! Y4 What makes me ME! Y4 Can you sort it? Y4 What would I do? Y4 Ok or not ok? (part 1) Y4 Human machines Y5 Qualities of friendship Y5 Is it true? Y5 Help! I'm a teenager - get me out of here! Y5 The land of the Red People Y5 Happy being me Y5 Kind conversations Y5 Ella's diary dilemma Y6 Boys will be boys? - challenging gender stereotypes Y6 Respecting differences Y6 Behave yourself Y6 I look great! Y6 Tolerance and respect for others Y6 Assertiveness skills</p>	<p>Y5 Qualities of a good friendship Y5 Happy being me Y5 Help! I'm a teenager - get me out of here! Y6 Respecting difference</p>	<p>yourself Y6 What's the risk? Y6 Assertiveness skills</p>	<p>Y4 Ok or not ok? (part 2) Y4 Can you sort it? Y4 What would I do? Y5 Qualities of a good friendship Y5 Taking notice of our feelings Y5 Kind conversations Y5 Ella's diary dilemma Y5 Happy being me Y5 Relationship cake recipe Y5 Land of the Red People Y6 Hoe's story (part 2) Y6 Don't force me Y6 Tolerate and respect for others Y6 We have more in common than not Y6 Acting appropriately Y6 Behave yourself Y6 Respecting differences</p>	<p>Y6 Boys will be boys? Y6 Behave yourself Y6 What's the risk? Y6 Acting appropriately Y6 We have more in common than not.</p>			
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	<p>Y6 What's the risk? (1) Y6 Behave yourself Y6 OK to be different Y6 Respecting differences Y6 Boys will be boys? - challenging gender stereotypes</p>							
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Online Relationships					
	1. That people sometimes behave differently online, including by pretending to be someone they are not.	2. That the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous.	3. The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them.	4. How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met.	5. How information and data is shared and used online.
Name of lesson and year group taught in.	<p>Y1 Sharing pictures</p> <p>Y2 Playing games</p> <p>Y3 None of your business!</p> <p>Y3 I am fantastic!</p> <p>Y5 Spot bullying Y5 Play, like, share</p> <p>Year 1</p> <p>Year 2</p> <p>Year 3</p> <p>Year 4</p> <p>Year 5</p> <p>Year 6</p> <p>Y6 Fakebook</p> <p>friends</p> <p>Y6 Pressure online</p> <p>Y6 Media manipulation</p>	<p>Y1 Sharing pictures</p> <p>Y2 Playing games</p> <p>Y3 Let's celebrate our differences</p> <p>Y3 None of your business!</p> <p>Y3 Zeb</p> <p>Y3 Relationship Tree</p> <p>Y4 How do we make a difference?</p> <p>Y5 Play, like, share</p> <p>Y5 Communication</p> <p>Y5 Spot bullying</p> <p>Y5 Is it true?</p> <p>Y6 It's a puzzle</p> <p>Y6 Think before you click!</p>	<p>Y1 Sharing pictures</p> <p>Y2 Playing games</p> <p>Y3 None of your business!</p> <p>Y3 Super Searcher</p> <p>Y4 Picture Wise</p> <p>Y5 Is it true?</p> <p>Y5 Spot bullying</p> <p>Y5 Communication</p> <p>Y5 Play, like, share</p> <p>Y6 It's a puzzle</p> <p>Y6 Think before you click!</p> <p>Y6 Traffic lights</p> <p>Y6 Pressure online</p> <p>Y6 To share or not to share?</p> <p>Y6 What's the risk? (2)</p>	<p>Y1 Sharing pictures</p> <p>Y2 Playing games</p> <p>Y3 Super Searcher</p> <p>Y3 Recount task</p> <p>Y3 None of your business!</p> <p>Y5 Fact or opinion?</p> <p>Y5 Is it true?</p> <p>Y5 Play, like, share</p> <p>Y6 It's a puzzle</p> <p>Y6 Think before you click!</p> <p>Y6 Pressure online</p>	<p>Y1 Sharing pictures</p> <p>Y2 Playing games</p> <p>Y3 None of your business!</p> <p>Y3 Super Searcher</p> <p>Y4 Picture Wise</p> <p>Y4 In the news!</p> <p>Y4 That is such a stereotype!</p> <p>Y4 Raisin challenge (2)</p> <p>Y5 Is it true?</p> <p>Y5 Play, like, share</p> <p>Y5 Spot bullying</p> <p>Y6 It's a puzzle</p> <p>Y6 Pressure online</p> <p>Y6 To share or not to share?</p> <p>Y6 Traffic lights</p>

Being Safe								
	1. What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context).	2. About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe.	3. That each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact.	4. How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know.	5. How to recognise and report feelings of being unsafe or feeling bad about any adult.	6. How to ask for advice or help for themselves or others, and to keep trying until they are heard.	7. How to report concerns or abuse, and the vocabulary and confidence needed to do so.	8. Where to get advice e.g. family, school and/or other sources.
Name of lesson and year group taught in. Year 1 Year 2 Year 3 Year 4 Year 5 Year 6	Y1 Sharing pictures Y1 Harold's school rules Y1 Good or bad touches? Y1 Surprises and secrets Y2 Should I tell? Y2 How safe would you feel? Y2 What should Harold say? Y2 Playing games Y2 Fun or not? Y2 Some secrets should never be kept Y3 Safe or unsafe? Y3 None of your business! Y3 Raising challenge (1) Y3 Dan's dare Y4 Raising challenge (2) Y4 How dare you! Y4 Islands Y4 Secret or	Y1 Sharing pictures Y1 Surprises and secrets Y1 Good or bad touches? Y2 Should I tell? Y2 My body, your body Y2 Some secrets should never be kept Y2 Respecting privacy Y2 Playing games Y3 Secret or surprise? Y4 Secret or surprise? Y5 Growing up and changing bodies Y5 Ella's diary dilemma Y5 Dear Ash Y6 Dear Ash Y6 It's a puzzle Y6 What's the risk? (2) Y6 Acting appropriately	Y1 Keeping privates private Y2 I don't like that! Y2 Some secrets should never be kept Y2 Fun or not? Y3 Body space Y4 Secret or surprise? Y4 Islands Y5 Growing up and changing bodies Y5 Taking notice of our feelings Y6 To share or not to share? Y6 Pressure online Y6 Acting appropriately Y6 Making babies	Y1 Surprises and secrets Y2 I don't like that! Y2 What should Harold say? Y2 Some secrets should never be kept Y3 Safe or unsafe? Y3 Danger or risk? Y3 None of your business! Y4 Danger, risk or hazard? Y4 Secret or surprise? Y5 Taking notice of our feelings Y5 Dear Ash Y5 Play, like, share Y6 It's a puzzle Y6 Dear Ash Y6 What's the risk? (2) Y6 Acting appropriately Y6 Pressure online Y6 Joe's story (part 1)	Y1 Thinking about feelings Y1 Surprises and secrets Y1 Good or bad touches? Y1 Our feelings Y1 Who can help? (1) Y2 How safe would you feel? Y2 Should I tell? Y2 Fun or not? Y3 Safe or unsafe? Y3 The Risk Robot Y3 None of your business! Y4 Secret or surprise? Y4 Danger, risk or hazard? Y4 Islands Y5 Taking notice of our feelings Y5 Dear Ash Y6 Dear Ash Y6 Pressure online Y6 Acting appropriately	Y1 Sharing pictures Y1 Surprises and secrets Y2 Feeling safe Y2 Playing games Y3 Raising challenge (1) Y4 Who helps us stay healthy and safe? Y4 How dare you! Y5 Dear Ash Y6 Dear Ash Y6 Acting appropriately Y6 Making babies Y6 Joe's story part 1) Y6 Behave yourself	Y1 Surprises and secrets Y1 Good or bad touches? Y1 Keeping privates private Y2 Feeling safe Y4 Who helps us stay healthy and safe? Y4 All change! Y4 Safety in numbers Y4 Secret or surprise? Y5 Taking notice of our feelings Y5 Dear Ash Y6 Dear Ash Y6 Is this normal? Y6 Joe's story (part 1) Y6 Making babies Y6 Don't force me Y6 Acting appropriately Y6 To share or not to share?	Y1 Good or bad touches? Y1 Surprises and secrets Y2 Feeling safe Y3 Helping each other to stay safe Y4 Who helps us stay healthy and safe? Y5 Taking notice of our feelings Y5 Dear Ash Y6 Dear Ash Y6 Acting appropriately Y6 Making babies

	<p>surprise? Y5 Taking notice of our feelings Y5 Is it true? Y5 Ella's diary dilemma Y5 Play, like, share Y5 Would you risk it? Y6 It's a puzzle Y6 Think before you click! Y6 What's the risk? (1) Y6 To share or not to share? Y6 Pressure online Y6 Acting appropriately Y6 What's the risk? (2)</p>	<p>Y6 To share or not to share?</p>						
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Physical Health Mental Wellbeing – Health Education

Mental Wellbeing										
	1. That mental wellbeing is a normal part of daily life, in the same way as physical health.	2. That there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations.	3. How to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings	4. How to judge whether what they are feeling and how they are behaving is appropriate and proportionate.	5. The benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness.	6. Simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests.	7. Isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support	8. That bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing.	9. Where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online).	10. It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.
Name of lesson and year group taught in.	Y1 Our feelings Y4 Different feelings Y5 How good a friend are you? Y6 Dan's day Y6 Rat Park Y6 Fakebook friends Y6 Five Ways to Wellbeing project	Y1 Thinking about feelings Y1 Our feelings Y1 Harold loses Geoffrey Y1 Feelings and bodies Y2 Sam moves away Y2 How are you feeling today? Y2 I don't like that! Y2 Some secrets should never be kept Y2 Let's all be happy! Y3 My special pet Y4 Different feelings Y4 Moving house Y4 Secret or	Y1 Thinking about feelings Y1 Our feelings Y1 Feelings and bodies Y2 When I feel like erupting Y2 How are you feeling today? Y2 My day Y2 How do we make others feel? Y2 An act of kindness Y2 Harold's picnic Y3 My special pet Y4 Moving house Y4 An email from Harold! Y4 Different feelings	Y1 Thinking about feelings Y1 Our feelings Y2 When I feel like erupting Y3 My special pet Y4 Different feelings Y4 When feelings change Y4 My feelings are all over the place! Y4 How dare you! Y4 Islands Y5 How are they feeling? Y5 Our emotional	Y1 Our feelings Y1 Thinking about feelings Y2 When I feel like erupting Y3 My special pet Y4 Different feelings Y4 My feelings are all over the place! Y4 When feelings change Y4 How dare you! Y4 Islands Y5 How are they feeling? Y5 Our emotional needs Y6 Rat Park Y6 Dan's day	Y2 Harold's picnic Y3 My Community Y3 Our helpful volunteers Y4 Volunteering is cool Y5 Mo makes a difference Y6 Rat Park Y6 Five Ways to Wellbeing project Y6 Community art Y6 Action stations!	Y1 Feelings and bodies Y1 Who are our special people? Y6 Advertising friendships! Y6 Five Ways to Wellbeing project Y6 Helpful or unhelpful? Y6 Managing change Y6 Rat Park	Y1 Thinking about feelings Y1 Feelings and bodies Y1 Our feelings Y2 When someone is feeling left out Y4 An email from Harold! Y6 Rat Park Y6 Five Ways to Wellbeing project	Y1 Who can help? (2) Y1 Unkind, tease or bully? Y3 Zeb Y3 Let's celebrate our differences Y4 Under pressure Y5 Spot bullying Y5 Communication	Y2 Let's all be happy! Y4 Moving house Y5 Our emotional needs Y6 Rat Park Y6 Helpful or unhelpful? Y6 Managing change

		<p>surprise?</p> <p>Y5 How are they feeling?</p> <p>Y5 How good a friend are you?</p> <p>Y5 Our emotional needs</p> <p>Y6 Dan's day</p> <p>Y6 Helpful or unhelpful? Managing change</p>	<p>Y4 When feelings change</p> <p>Y4 My feelings are all over the place!</p> <p>Y4 Secret or surprise?</p> <p>Y4 Ok or not ok? (part 2)</p> <p>Y5 How are they feeling?</p> <p>Y5 Our emotional needs</p> <p>Y5 How good a friend are you?</p> <p>Y6 Dan's day</p> <p>Y6 Rat Park</p> <p>Y6 I look great</p>	<p>needs</p> <p>Y6 Rat Park</p> <p>Y6 Dan's day</p> <p>Y6 Helpful or unhelpful? Managing change</p>	<p>Y6 Helpful or unhelpful? Managing change</p>					
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Internet Safety and Harms

Name of year group and lesson taught.	1. That for most people the internet is an integral part of life and has many benefits.	2. About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.	3. How to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private.	4. Why social media, some computer games and online gaming, for example, are age restricted.	5. That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.	6. How to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted.	7. Where and how to report concerns and get support with issues online.
<p>Year 1 Year 2 Year 3 Year 4 Year 5 Year 6</p>	<p>Y1 Sharing pictures Y2 Playing games Y2 – Computing Autumn 2 Y3 Super Searcher Y3 – Computing Autumn 2 Y4 – Computing Autumn 2 Y5 – Computing Autumn 2 Y6 It's a puzzle Y6 – Computing Autumn 2</p>	<p>Y2 Playing games Y4 Raisin challenge (2) Y4 That is such a stereotype! Y5 Is it true? Y6 Boys will be boys? - challenging gender stereotypes Y6 Five Ways to Wellbeing project Y6 I look great! Y6 Media manipulation</p>	<p>Y1 Sharing pictures Y1 - Computing Autumn 2 Y2 Playing games Y2 – Computing Autumn 2 Y3 Super Searcher Y3 None of your business! Y3 – Computing Autumn & Summer Y4 Picture Wise Y4 – Computing Autumn 2 Y5 Is it true? Y5 Play, like, share Y5 – Computing Autumn 2 Y6 It's a puzzle Y6 Traffic lights Y6 To share or not to share? Y6 – Computing Autumn 2</p>	<p>Y3 As a rule Y5 Star qualities? Y5 Spot bullying Y5 – Computing Autumn 2 Y6 Think before you click Y6 Fakebook friends Y6 – Computing Autumn 2</p>	<p>Y1 Sharing pictures Y1 – Computing Autumn 2 Y2 Playing games Y2 – Computing Autumn 2 Y3 Let's celebrate our differences Y3 None of your business! Y3 Zeb Y3 – Computing Autumn 2 Y4 Under pressure Y4 – Computing Autumn 2 Y5 Is it true? Y5 Play, like, share Y5 – Computing Autumn 2 Y6 It's a puzzle Y6 Think before you click! Y6 To share or not to share? Y6 Media manipulation Y6 – Computing Autumn 2</p>	<p>Y1 – Computing Summer 2 Y2 – Computing Summer 2 Y3 Super Searcher Y3 Recount task Y3 – Computing Summer 2 Y4 Raisin challenge (2) Y4 In the news! Y4 – Computing Summer 2 Y5 Fact or opinion? Y5 Is it true? Y5 What's the story? Y5 Smoking: what is normal? Y5 – Computing Summer 2 Y6 Boys will be boys? - challenging gender stereotypes Y6 Two sides to every story Y6 Fakebook friends Y6 What's the risk? (2) Y6 – Summer 2</p>	<p>Y1 Sharing pictures Y1 Computing Autumn 2 Y2 – Computing Autumn 2 Y2 Playing games Y3 None of your business! Y3 – Computing Autumn 2 Y4 In the news! Y5 Play, like, share Y5 – Computing Autumn 2 Y6 It's a puzzle Y6 To share or not to share? Y6 – Computing Autumn 2</p>

Physical Health + Fitness				
<p>Name of lesson and year group taught in.</p>	<p>1. The characteristics and mental and physical benefits of an active lifestyle.</p>	<p>2. The importance of building regular exercise into daily and weekly routines and how to achieve this; for example walking or cycling to school, a daily active mile or other forms of regular, vigorous exercise.</p>	<p>3. The risks associated with an inactive lifestyle (including obesity).</p>	<p>4. How and when to seek support including which adults to speak to in school if they are worried about their health.</p>
<p>Year 1 Year 2 Year 3 Year 4 Year 5 Year 6</p>	<p>Y1 Healthy me Y2 My body needs... All Year groups through weekly PE sessions</p>	<p>Y2 My day Y5 What's the story? Y6 Five Ways to Wellbeing project All Year groups through - Daily mile / active blast/ outdoor learning/Forest Schools/ Sports Clubs</p>	<p>Y1 Healthy me Y5 What's the story?</p>	<p>Y1 Inside my wonderful body! Y4 Who helps us stay healthy and safe?</p>

Healthy Eating			
Name of lesson and year group taught in.	1. What constitutes a healthy diet (including understanding calories and other nutritional content).	2. The principles of planning and preparing a range of healthy meals.	3. The characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health).
Year 1 Year 2 Year 3 Year 4 Year 5 Year 6	Y1 I can eat a rainbow Y1 Eat well Y2 My day Y2 My body needs... Y3 Derek cooks dinner! (healthy eating) Y3 Science – Animals Including Humans Y4 SCARF Hotel Y4 Danger, risk or hazard? Y5 What's the story	Y1 Eat Well Y1 I can eat a rainbow Y3 Derek cooks Dinner (healthy eating) Y3 Science – Animals Including Humans Y4 SCARF Hotel	Y1 Eat Well Y1 I can eat a rainbow Y3 Derek cooks Dinner (healthy eating) Y3 Alcohol and cigarettes the facts Y3 Help or harm? Y4 SCARF Hotel Y4 Know the norms Y6 Rat Park Y6 What sort of drug is...? Y6 Joe's story (part 1) Y6 Drugs: it's the law Y6 Alcohol: what is normal?

Drugs, Alcohol + Tobacco

Name of lesson and year group taught in.

1. The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.

Year 1

Y1 What could Harold do?

Year 2

Y2 Harold's picnic

Year 3

Y3 Help or harm

Year 4

Y3 Alcohol and cigarettes: the facts

Year 5

Y5 'Thinking' about habits

Year 6

Y5 Smoking: what is normal?

Y5 Drugs: true or false?

Y5 Getting fit

Y6 What sort of drug is...?

Y6 Rat Park

Y6 Alcohol: what is normal?

Y6 Drugs: it's the law

Y6 What's the risk? (1)

Y6 Science – Animals Including Humans – Summer 2

Name of lesson and year group taught in.	Health + Prevention			
	The importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn.	About dental health and the benefits of good oral hygiene and dental flossing, including regular check-ups at the dentist.	About personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing.	The facts and science relating to allergies, immunisation and vaccination.
Year 1 Year 2 Year 3 Year 4 Year 5 Year 6	Y1 Super sleep Y1 Healthy me Y2 My body needs...	Y1 Harold's wash and brush up Y1 Healthy me Y2 Harold's bathroom Y3 Science - Animals Including Humans Au1	Y1 Harold's wash and brush up Y1 Catch it! Bin it! Kill it! Y2 Harold's postcard - helping us to keep clean and healthy Y3 Poorly Harold Y4 Medicines: check the label Y6 What is HIV?	Y2 Harold's postcard - helping us to keep clean and healthy

Name of lesson and year group taught in.	Basic First Aid	
	1. How to make a clear and efficient call to emergency services if necessary.	2. Concepts of basic first-aid, for example dealing with common injuries, including head injuries
Year 1 Year 2 Year 3 Year 4 Year 5 Year 6	Y1 Basic first aid Y2 Feeling safe Y3 Basic first aid Y4 Basic first aid Yr Basic first aid Y6 Basic first aid	Y1 Basic first aid Y2 Feeling safe Y3 Basic first aid Y4 Basic first aid Yr Basic first aid Y6 Basic first aid

Name of lesson and year group taught in.	Changing Adolescent Body	
	1. Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes.	2. About menstrual wellbeing including the key facts about the menstrual cycle.
<p>Year 1</p> <p>Year 2</p> <p>Year 3</p> <p>Year 4</p> <p>Year 5</p> <p>Year 6</p>	<p>Y1 Taking care of a baby</p> <p>Y1 Then and now</p> <p>Y2 Haven't you grown!</p> <p>Y2 My body, your body</p> <p>Y3 My changing body</p> <p>Y4 Period positive</p> <p>Y4 All change!</p> <p>Y4 My feelings are all over the place!</p> <p>Y5 Growing up and changing bodies</p> <p>Y5 Help! I'm a teenager - get me out of here!</p> <p>Y5 Changing bodies and feelings</p> <p>Y5 Science – Animal Including Humans – Summer</p> <p>Y6 Is this normal?</p> <p>Y6 Making babies</p> <p>Y6 –School Nurse Summer</p>	<p>Y3 My changing body</p> <p>Y4 Period positive</p> <p>Y5 Growing up and changing bodies</p> <p>Y5 Science – Animal Including Humans – Summer</p> <p>Y6 Making babies</p> <p>Y6 Is this normal?</p> <p>Y6 –School Nurse Summer</p>

The Friars Half Termly Lesson Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<u>Me & My Relationships</u> Why we have classroom rules Thinking about our feelings Feelings and bodies Our special people Balloons Good friends How are you listening	<u>Valuing Difference</u> Same or different? Unkind, test or bully? Harold's school rules Who are our special people? It's not fair!	<u>Keeping Myself Safe</u> Healthy me Super sleep Who can help? (1) Harold loses Geoffrey What could Harold do? Good or bad touches? Sharing pictures	<u>Rights & Responsibilities</u> Harold's wash and brush up Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid	<u>Being My Best</u> I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass the praise Harold has a bad day	<u>Growing & Changing</u> Inside my wonderful body! Taking care of a baby Then and now Who can help? (2) Surprises and secrets Keeping privates private
Year 2	<u>Me & My Relationships</u> Our ideal classroom (1) Our ideal classroom (2) How are you feeling today? Bullying or teasing? Don't do that! Types of bullying Being a good friend Let's all be happy!	<u>Valuing Difference</u> What makes us who we are? How do we make others feel? My special people When someone is left out An act of kindness Solve the problem	<u>Keeping Myself Safe</u> Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Some secrets should never be kept.	<u>Rights & Responsibilities</u> Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special Harold goes camping Playing games	<u>Being My Best</u> You can do it! My day Harold's postcard – helping us keep clean and healthy Harold's bathroom My body needs... What does my body do?	<u>Growing & Changing</u> A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy Basic first aid
Year 3	<u>Me & My Relationships</u> As a rule My special pet	<u>Valuing Difference</u> Family and friends My community	<u>Keeping Myself Safe</u> Safe or unsafe? Danger or risk?	<u>Rights & Responsibilities</u> Our helpful volunteers Helping each other to stay safe	<u>Being My Best</u> Derek cooks dinner! (healthy eating) Poorly Harold	<u>Growing & Changing</u> Relationship Tree Body space

	<p>Tangram team challenge</p> <p>Looking after special people</p> <p>How can we solve this problem?</p> <p>Dan's dare</p> <p>Thunks</p> <p>Friends are special</p>	<p>Respect and challenge</p> <p>Our friends and neighbours</p> <p>Let's celebrate our differences</p> <p>Zeb</p>	<p>The Risk Robot</p> <p>Alcohol and cigarettes: the facts</p> <p>Super Searcher</p> <p>None of your business!</p> <p>Raisin Challenge (1)</p> <p>Harm or help?</p>	<p>Recount task</p> <p>Harold's environment project</p> <p>Can Harold afford it?</p> <p>Earning money</p>	<p>For or against?</p> <p>I am fantastic!</p> <p>Getting on with your nerves!</p> <p>Body team work</p> <p>Top talents</p>	<p>Secret or surprise?</p> <p>My changing body</p> <p>Basic first aid</p>
Year 4	<p><u>Me & My Relationships</u></p> <p>An email from Harold!</p> <p>Ok or not? (part 1)</p> <p>Ok or not? (part 2)</p> <p>Human machines</p> <p>Different feelings</p> <p>When feelings change</p> <p>Under pressure</p>	<p><u>Valuing Difference</u></p> <p>Can you sort it?</p> <p>Islands</p> <p>Friend or acquaintance?</p> <p>What would I do?</p> <p>There people we share our world with</p> <p>That is such a stereotype!</p>	<p><u>Keeping Myself Safe</u></p> <p>Danger, risk or hazard?</p> <p>Picture Wise</p> <p>How dare you!</p> <p>Medicines: check the label</p> <p>Know the norms</p> <p>Keeping ourselves safe</p> <p>Raisin challenge (2)</p>	<p><u>Rights & Responsibilities</u></p> <p>Who helps us stay healthy and safe?</p> <p>It's your right</p> <p>How do we make a difference?</p> <p>In the news!</p> <p>Safety in numbers</p> <p>Logo quiz</p> <p>Harold's expenses</p> <p>Why pay taxes?</p>	<p><u>Being My Best</u></p> <p>What makes me Me!</p> <p>Making choices</p> <p>SCARF Hotel</p> <p>Harold's Seven Rs</p> <p>My school community (1)</p> <p>Basic first aid</p>	<p><u>Growing & Changing</u></p> <p>Moving house</p> <p>My feelings are all over the place!</p> <p>All change!</p> <p>Period positive</p> <p>Secret or surprise?</p> <p>Together</p>
Year 5	<p><u>Me & My Relationships</u></p> <p>Collaboration</p> <p>Challenge! Give and take</p> <p>How good a friend are you?</p>	<p><u>Valuing Difference</u></p> <p>Qualities of friendship</p> <p>Kind conversations</p> <p>Happy being me</p> <p>The land of the Red</p>	<p><u>Keeping Myself Safe</u></p> <p>'Thinking' about habits</p> <p>Jays dilemma</p> <p>Spot bullying</p>	<p><u>Rights & Responsibilities</u></p> <p>What's the story?</p> <p>Fact or opinion?</p> <p>Rights, responsibilities and duties</p>	<p><u>Being My Best</u></p> <p>Getting fit</p> <p>It all adds up!</p> <p>Different skills</p> <p>My community (2)</p>	<p><u>Growing & Changing</u></p> <p>How are they feeling?</p> <p>Taking notice of feelings</p> <p>Dear Hetty</p>

	<p>Relationship cake recipe</p> <p>Being assertive</p> <p>Our emotional needs</p> <p>Communication</p>	<p>People</p> <p>Is it true?</p> <p>It could happen to anyone</p>	<p>Ella's diary dilemma</p> <p>Decisions dilemmas</p> <p>Play, like, share</p> <p>Drugs: true or false?</p> <p>Smoking: what is normal?</p> <p>Would you risk it?</p>	<p>Mo makes a difference</p> <p>Spending wisely</p> <p>Lend us a fiver!</p> <p>Local councils</p>	<p>Independence and responsibility</p> <p>Star qualities?</p> <p>Basic first aid</p>	<p>Changing bodies and feelings</p> <p>Growing up and changing bodies</p> <p>It could happen to anyone</p> <p>Help! I'm a teenager – get me out of here!</p>
Year 6	<u>Me & My Relationships</u>	<u>Valuing Difference</u>	<u>Keeping Myself Safe</u>	<u>Rights & Responsibilities</u>	<u>Being My Best</u>	<u>Growing & Changing</u>
	<p>Working together</p> <p>Let's negotiate</p> <p>Solve the friendship problem</p> <p>Assertiveness skills</p> <p>Behave yourself</p> <p>Dan's day</p> <p>Don't force me</p> <p>Acting appropriately</p> <p>It's a puzzle</p>	<p>Ok to be different</p> <p>We have more than in common than not</p> <p>Respecting differences</p> <p>Tolerance and respect for others</p> <p>Advertising friendships!</p> <p>Boys will be boys? – challenging gender stereotypes</p>	<p>Think before you click!</p> <p>To share or not to share?</p> <p>Rat Park</p> <p>What sort of drug is...?</p> <p>Drugs: it's the law!</p> <p>Alcohol: what is normal?</p> <p>Joe's story (part 1)</p> <p>Joe's story (part 2)</p>	<p>Two sides to every story</p> <p>Facebook friends</p> <p>What's it worth?</p> <p>Jobs and taxes</p> <p>Action stations!</p> <p>Project Pitch (parts 1 & 2)</p> <p>Happy shoppers</p> <p>Democracy in Britain 1</p> <p>Elections</p> <p>Democracy in Britain 2</p> <p>How (most) laws are made</p>	<p>Five Ways to Wellbeing project</p> <p>This will be your life!</p> <p>Our recommendations</p> <p>What's the risk? (1)</p> <p>What's the risk? (2)</p> <p>Basic first aid</p>	<p>Helpful or unhelpful?</p> <p>Managing change</p> <p>I look great!</p> <p>Media manipulation</p> <p>Pressure online</p> <p>Is this normal?</p> <p>Dear Ash</p> <p>Making babies</p> <p>What is HIV?</p>